

The Supporting Healthy Transitions Program

How we work together

The Supporting Healthy Transitions Program supports children and families when children are moving from one home to another.

The *PACE Family Counsellor* connects with the people involved in a child's life and can offer support in a variety of ways:

- Wherever possible, supporting permanency.
- Offering trauma informed service delivery.
- Supporting the child/ren to understand why a move or changes are happening.
- Helping the child/ren make sense of their life story. This is always done together with family and other important people in the child's life.
- Supporting the child's circle of connections, and honouring their relationships.
- Bridging connection between homes, where possible.
- Providing support around feelings, mitigating grief and loss; and offering parenting support.
- Helping with the planning of the move and working with all involved to support the transition plan.
- Supporting communication and information sharing.



The PACE Program

Working together to foster emotional well-being in our community through connection, support and education

www.thepaceprogram.ca