



**The PACE Program**  
Working together to foster emotional well-being  
in our community through  
connection, support and education

**The PACE Program**  
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## The Supporting Healthy Transitions Program Consulting Service Outline

When children move from one home to another, challenges can present themselves that can cause significant emotional stress. Our aim in the Supporting Healthy Transitions Program is to support permanency for children and work in collaboration with families, Nations, social workers and other professionals to ease the potential emotional impact. In addition to this in depth involvement, we are now offering a consultation only service to the professionals involved with a transition. This service does not include any front line work with the families or children.

This program is offered by The PACE Program and is funded by Ministry of Children and Family Development (MCFD). To learn more about our organization, please visit our website: [www.thepaceprogram.ca](http://www.thepaceprogram.ca)

### **This consulting service is mainly available to:**

- Ayas Men Men Child & Family Services
- Metis Family Services
- Vancouver Aboriginal Child & Family Services Society

### **This service provides consultation and support to social workers and other professionals involved with a transition. Some common topics we consult about are:**

- Transition planning - factors to take into consideration when planning a transition calendar/schedule.
- How to help a child understand what is happening in the transition according to their developmental stage and ideas about how "to make the unknown known".
- Understanding children's behaviours during a transition and how to meet their emotional needs during a time that may stir up a mix of feelings.
- Planning for both goodbyes and ongoing connection where possible.
- Points to consider in supporting biological family during reunification.
- Using a framework for difficult conversations.
- Child friendly language for scripting.
- The use of expressive arts and photos during a transition.
- Ideas for strengthening the connections within the circle, particularly when there is conflict.
- Supporting foster parents who are experiencing strong feelings of resistance/grief about the transition.

### **Request for Consulting Service:**

- Please text, email, or call Liisa Laakso to book a consult. You will typically receive a reply within 24 hours.
- Phone: 604-306-5080
- Email: [Liisa@thepaceprogram.ca](mailto:Liisa@thepaceprogram.ca)
- Visit our website to find the brief request form:  
<https://thepaceprogram.ca/programs/supporting-healthy-transitions-program/>

